

What should I already know?

Survive - Find out and describe the basic needs of animals, including humans, for survival (water, food and air)

Exercise - Describe the importance of exercise for humans

Food - Describe the importance of eating the right amount of different types of food for humans

Diagrams



Vocabulary

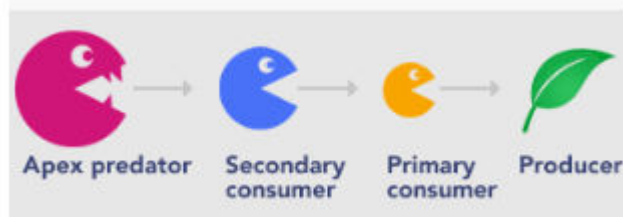
Nutrition - the process of providing or obtaining the food necessary for health and growth.

Vitamins - any of a group of organic compounds which are essential for normal growth and nutrition and are required in small quantities in the diet because they cannot be synthesized by the body.

Minerals - a solid, naturally occurring inorganic substance

Skeletons - an internal or external framework of bone, cartilage, or other rigid material supporting or containing the body of an animal or plant.

Food chain



Working scientifically skills

- Gather and record data in to simple formats e.g. tables, bar charts and pictograms.
- Use simple scientific language to present findings.
- Record and report findings from enquiries in labelled drawings and diagrams.
- Identify differences and similarities.