

SMAT Summer Menu April – October 2024

08/04/24, 22/04/24, 06/05/24, 20/05/24, 10/06/24, 24/06/24, 08/07/24, 02/09/24, 16/09/24, 30/09/24, 14/10/24

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional Meal of the Day	Southern Style Chicken Goujons	Burger in a Bun	Roast Chicken Fillet	All Day Breakfast (Bacon, Sausage, Egg Omelette, ½ Bread Slice)	Fish Fingers or Salmon Fishcakes
Vegetarian Option	Homemade Margherita Pizza Slice	Mac 'n' Cheese	Korma Curry and Rice	Veggie Breakfast	Southern Style Burger
Side Dish	Oven Baked Potato Wedges	Mini Potato Waffles	Stuffing Mashed Potatoes	Hash Brown	Chips
Accompaniments	Garden Peas Sweetcorn Tomato Sauce	Carrots Mixed Veg	Broccoli Florets Swede Gravy	Baked Beans Mushrooms	Carrots Mushy Peas Tomato Sauce
Salad Bar and Bread Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection
Dessert	Chocolate Orange Brownie	Fruit in Jelly	Artic Roll	Waffle with a peach Melba Sauce	Lemon Muffin Or Fruit Flapjack
Daily Selection	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt
Filled Jacket Potato	Filled Jacket Potato with a choice of Hot or Cold Fillings	Filled Jacket Potato with a choice of Hot or Cold Fillings	Filled Jacket Potato with a choice of Hot or Cold Fillings	Filled Jacket Potato with a choice of Hot or Cold Fillings	Filled Jacket Potato with a choice of Hot or Cold Fillings

All meals are freshly cooked in the school own kitchen, with fresh produce. St Mary's Academy Trust are looking forward to bringing catering back in-House to improve standards, taking control of the meals service to ultimately ensure that pupils are receiving the best food possible during the school day.

Menus may be subject to temporary changes due to product shortages or planned theme menus.

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional Meal of the Day	Homemade Margherita Pizza Slice	Pasta Bolognese	Roast Chicken Fillet	Oven Baked Pork Sausage	Fish Stars or Salmon Fishcake
Vegetarian Option	Dippers with a Katsu Sauce	Veggie Hot Dog	Shepherdess Pie	Quorn Fillet	Pasta in a Homemade Tomato Sauce
Side Dish	Oven Baked Potato Wedges	Mini Potato Waffles Crusty Roll	Stuffing Mashed Potatoes	Yorkshire Pudding Mashed Potatoes	Chips Crusty Roll
Accompaniments	Baked Beans Coleslaw	Carrots Mixed Veg	Cabbage Swede Gravy	Cauliflower and Broccoli Sweetcorn	Sliced Carrots Garden Peas Tomato Sauce
Salad Bar and Bread Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection
Dessert	Peaches and Ice Cream	Fruit in Jelly	Decorated School Cake	Chocolate Muffin	Fruit Cookie
Daily Selection	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt
Filled Jacket Potato	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings

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