

## SMAT Summer Menu, April – October 2025

28/04/25, 12/05/25, 02/06/25, 16/06/25, 30/06/25, 14/07/25, 01/09/25, 15/09/25, 29/09/25, 13/10/25

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Traditional Meal of the Day</b>	Oven Baked Pork Sausage with Yorkshire Pudding	Ham and Cheese Pizza	Roast Chicken Fillet	Southern Style Chicken Goujons	Fish Stars or Salmon Fishcakes
<b>Vegetarian Option</b>	Shepherdess Pie	Cheese and Onion Roll	Quorn Sausage	Vegetarian Hot Dog	Pasta Bake
<b>Side Dish</b>	Mashed Potatoes	Homemade Jacket Wedges	Mashed and Roast Potatoes	Mini Potato Waffles	Chips
<b>Accompaniments</b>	Carrots Cauliflower  Gravy	Garden Peas Sweetcorn	Broccoli Swede  Gravy	Baked Beans Sweetcorn	Garden Peas Carrots  Tomato Sauce
<b>Salad Bar and Bread Selection</b>	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection
<b>Dessert</b>	Peaches and Ice Cream	Iced Sponge Cake	Cookie	Rice Krispie Square or Apple Crumble and Custard	Whip or Flapjack
<b>Daily Selection</b>	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt
<b>Filled Jacket Potato</b>	Filled Jacket Potato with a choice of Hot or Cold Fillings	Filled Jacket Potato with a choice of Hot or Cold Fillings	Filled Jacket Potato with a choice of Hot or Cold Fillings	Filled Jacket Potato with a choice of Hot or Cold Fillings	Filled Jacket Potato with a choice of Hot or Cold Fillings

All meals are freshly cooked in the school own kitchen, with fresh produce. St Mary's Academy Trust are looking forward to bringing catering back in-House to improve standards, taking control of the meals service to ultimately ensure that pupils are receiving the best food possible during the school day.

Menus may be subject to temporary changes due to product shortages or planned theme menus.

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Traditional Meal of the Day</b>	Pasta with Bolognese Sauce	All Day Breakfast (Bacon, Sausage, Egg Omelette, ½ Bread Slice)	Roast Chicken Fillet	Sausage Roll	Fish Fingers or Salmon Fishcake in a Bun
<b>Vegetarian Option</b>	Margherita Pizza	Southern Style Burger	Veggie Bolognese	Dippers with a Katsu Sauce	Mac 'n' Cheese
<b>Side Dish</b>	Pasta / Potato Waffles	Hash Brown	Mashed Potatoes	Potato Wedges	Chips
<b>Accompaniments</b>	Carrots Sweetcorn	Baked Beans Mushrooms	Seasonal Veg  Stuffing Gravy	Sweetcorn Mixed Veg	Sliced Carrots Garden Peas  Tomato Sauce
<b>Salad Bar and Bread Selection</b>	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection
<b>Dessert</b>	Arctic Roll	Fruit Shortcake Biscuit	Fruit in Jelly	Chocolate Sponge and Chocolate Sauce	Waffle with a Melba Sauce
<b>Daily Selection</b>	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt
<b>Filled Jacket Potato</b>	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings

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